



As a member of CSCSC, you have the right to:

- Feel safe and how you can raise concerns.
- Be listened to.
- Be involved and contribute towards decisions within CSCSC.
- Be respected and treated fairly by every member of CSCSC.
- Feel welcomed, valued, and not judged based on your race, gender, sexuality, faith, ability or any other relevant characteristic.
- Be encouraged and developed with our help and support.
- Be looked after if there's an accident or injury and have your parents/guardians/emergency contact informed (where appropriate).

As a member of CSCSC, we expect you to:

- Be aware of [Wavepower 2024](#) and adhere to the relevant guidance.
- Adhere to the Swim England regulations, Code of Ethics, Club Constitution, and rules.
- Respect your coach or teacher by listening, behaving responsibly and speak out when something isn't right.
- Let someone know if you're leaving the premises (at either training or a competition). If under the age of 18, this must be agreed with your coach, teacher or team manager first. This is just as important for our adult members as well as those under 18.
- Make it to training and competitions on time and if you're running late, let a member of the club know (e.g. coach, team manager, etc.).
- Make your coach aware if you have any difficulties attending training or competitions. For adult members (18+), this may include communicating to teammates or club administrators.
- Bring the right kit to training and competitions.
- Take care of our equipment and premises as if they were your own.
- Support and encourage your teammates.
- Respect volunteers and competitor at competitions.
- Respect the committee members, coaching and teaching team and volunteer helpers at all times.
- Get involved in club decisions, it's your sport too.

We expect certain standards of behaviour from our members. By becoming a member of the club and therefore agreeing to the Code of Conduct you agree to:

- Follow the rules of the club, squad, or activity at all times.
- Respect and celebrate differences in the club and you will not discriminate against anyone else on the grounds of age, gender, race, sexual orientation, faith, ability, or any other relevant characteristic.
- Understand that the use of abusive or inappropriate language, bullying, physical violence, or any other behaviour which hurts others will not be tolerated by the club.
- Respect the privacy of others especially in the changing rooms.
- Not to use any mobile device, at any time in the changing areas.
- Report any concerns you have about others using mobile phones in the changing rooms, including but not exclusive to taking photographs or footage of others in the changing rooms or poolside.
- Report any incidents of bullying or unkind behaviour to the club, even if you're just a witness.